

Category	Item	Craig	Janet	Raft Trip	Day Hikes	Comment
Luggage	Duffel bag - carry on plane	Y	Y	X		Red Rock Outfitters (redrockoutfitters.com) or REI - prepack all items needed for rafting, carry on plane
Luggage	Large suitcase - check bag on plane					Leave at Marble Canyon Lodge while we're rafting - pack all items needed for GC hiking
Luggage	Day backpack - carry on plane				X	20 - 30L backpack - pack electronics, meds, ID, etc., carry on plane
Luggage	Luggage tags - waterproof					
Luggage	Fanny pack			X	X	Pack in duffel bag
ID / Cards / Docs	Credit card					
ID / Cards / Docs	Cash for rafting gratuity		NA	X		10% of rafting trip cost to trip leader on last night, Craig to bring this
ID / Cards / Docs	Drivers license			X		Also need photo ID on rafting trip in case of evacuation
ID / Cards / Docs	Medical insurance card			X		
ID / Cards / Docs	Plastic folio with printouts of confirmations			X		
ID / Cards / Docs	Jewelry	NA	NA	--	--	Leave jewelry at home
Clothing	2 quick drying shirts (short & longsleeve)			X		Red Rock Outfitters or REI
Clothing	3 t-shirts			X		
Clothing	2 long sleeve loose fitting cotton shirts			X		
Clothing	Convertible pants			X		Red Rock Outfitters or REI
Clothing	Hat (for sun)			X	X	Red Rock Outfitters or REI
Clothing	Baseball hat					
Clothing	Rain jacket			X		Red Rock Outfitters or REI
Clothing	Rain pants			X		Red Rock Outfitters or REI
Clothing	2 bathing suits			X		
Clothing	2 shorts			X		
Clothing	7 underwear			X		
Clothing	5 sport socks			X		In case of sunburn or foot injury
Clothing	Lightweight fleece			X		For cool nights
Clothing	Water/hiking sandals			X		
Clothing	Sneakers &/or flip flops			X		
Clothing	Bandana			X		
Clothing	Lounge wear for camp/sleep			X		e.g., bathrobe or pajamas
Clothing	1 jeans					
Clothing	Belt					
Clothing	Wool cap			X		For cool nights
Clothing	Ultra light synthetic socks for water shoes			X		
Clothing	Hiking socks (inner liners & outers)				X	
Clothing	Sweat socks					For cool nights
Hygiene / Personal	Travel case for personal items			X		
Hygiene / Personal	Biodegradable Shampoo, soap			X		
Hygiene / Personal	Toothbrush, Toothpaste, Floss, other dental			X		
Hygiene / Personal	Shave cream, razors					
Hygiene / Personal	Trimmer					
Hygiene / Personal	Small towel & washcloth			X		
Hygiene / Personal	Small pack of tissues and/or moist towelettes			X		
Hygiene / Personal	Travel pillow			X		
Hygiene / Personal	Lotion			X		Important for very dry climate
Medications	Precriptions			X		
Medications	Motrin			X	X	
Medications	Sunscreen			X	X	
Medications	Sunscreen lip balm			X	X	
Medications	Insect repellent			X	X	
Medications	Athletic tape (feet, etc.)			X	X	
Medications	Nose strips			X		
Medications	Nose spray			X		
Medications	Baby powder			X		
Sundries	Eyeglasses			X	X	
Sundries	Prescription sunglasses			X	X	
Sundries	Glasses lanyard			X	X	
Sundries	Snacks (trailmix & power bars), flaxseed			X	X	Also for hiking - buy at Marble Canyon store after rafting or in Kanab
Sundries	Starbuck's instant			--		Don't need on rafting trip
Sundries	Ear plugs			X		
Sundries	Eyeshade			X		
Sundries	Rope for drying clothes			X		If bushes not available in camp to use for drying clothes
Electronics	Cameras, SD cards, extra batteries & charger			X	X	Don't bring a lot of gear on river, best to use a waterproof point & shoot for standard river trip
Electronics	Waterproof camera plastic enclosure			X		For non-waterproof cameras
Electronics	Waterproof storage boxes			X		
Electronics	Smart Phones			X	X	
Electronics	Other camera gear			X	X	e.g., lenses, external backup, etc.
Electronics	Car charger					For use during longer drives
Rafting / Hiking	Grand Canyon river guide book			X		Also pen to mark up for notes
Rafting / Hiking	Grand Canyon guide book (J. Kaiser)			X	X	
Rafting / Hiking	2 x 1 liter water bottles			X	X	
Rafting / Hiking	2 X 1.5 liter water envelope				X	
Rafting / Hiking	4 large carabiners			X	X	
Rafting / Hiking	Baggies, toilet paper, spade/trowel				X	
Rafting / Hiking	40 gal garbage bag for dirty/wet clothes			X		
Rafting / Hiking	Extra zip lock bags (large)			X	X	
Rafting / Hiking	Hiking boots or hiking shoes				X	
Rafting / Hiking	Gloves			X	X	For handling ropes during rafting and at times during hiking
Rafting / Hiking	Hiking Poles				X	
Rafting / Hiking	Headlamp			X	X	For use in cap at night (getting to river or toilet), For day hike in case of getting stuck past sundown
Rafting / Hiking	Headlamp extra AAA batteries			X	X	
Rafting / Hiking	Mini flashlight			X		
Rafting / Hiking	Whistle			X	X	
Rafting / Hiking	Compass				X	
Rafting / Hiking	Thermometer/Hygrometer			X		In case of desire to track temp and humidity in canyon
Rafting / Hiking	Water filter				X	
Rafting / Hiking	First aid kit				X	
Rafting / Hiking	Foot glide, moleskin				X	
Rafting / Hiking	2 knee braces				X	More for hiking but take on river trip just in case
Rafting / Hiking	Other braces & devices as needed				X	
Rafting / Hiking	Binoculars			X	X	
Rafting / Hiking	Notebook & pen					